

Savory beef with mushrooms

Report date: 2/25/2025

Nutrition

	per 100g	per 450g
Energy	521kJ/124kcal	2343kJ/558kcal
Fat	6.5g	29g
of which Saturates	1.8g	8.1g
Carbohydrate	2.0g	9.1g
of which Sugars	0.8g	3.8g
Protein	14g	63g
Salt	0.39g	1.8g



Ingredient Declaration

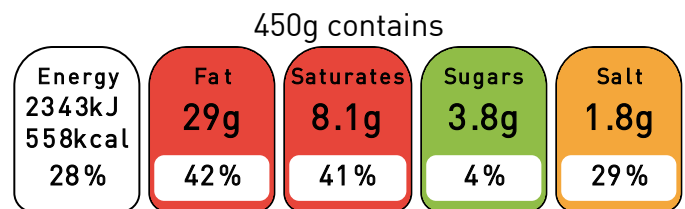
Beef (57%), Mushrooms, Onions, Sunflower Oil, Soy Sauce (With Natural Fermentation) [WHEAT, SOYBEANS], Cornflour, Salt, Allspice, Black Pepper, Bay Leaf

Allergens

Contains Wheat 

Contains Soybeans 

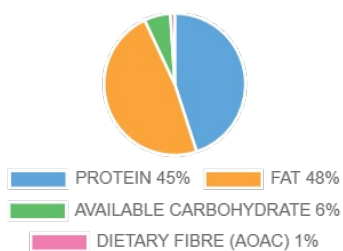
Front of Pack



of an adult's reference intake

Typical values per 100g: 521kJ/124kcal

Energy Contributions



EU Reference Intakes

Per 100g		RI Quantity	% RI	
Energy	kJ	8400	521	6%
Total Fat	g	70.0	6.5	9%
Saturates	g	20.0	1.8	9%
Carbohydrate	g	260.0	2.0	1%
Sugars	g	90.0	0.8	1%
Protein	g	50.0	13.9	28%
Salt	g	6.0	0.39	7%