

GRILLED VEGETABLES

Report date: 3/19/2025

Nutrition

	per 100g	per 200g
Energy	259kJ/63kcal	519kJ/125kcal
Fat	4.5g	8.9g
of which Saturates	0.6g	1.2g
Carbohydrate	3.6g	7.1g
of which Sugars	3.4g	6.8g
Protein	0.9g	1.8g
Salt	0.51g	1.0g

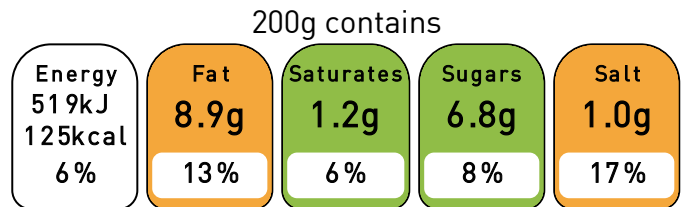
Ingredient Declaration

Red Peppers, Yellow Peppers, Green Peppers, Carrots, Mushroom, Sunflower Oil, Salt

Allergens

Suitable for Vegans and Vegetarians

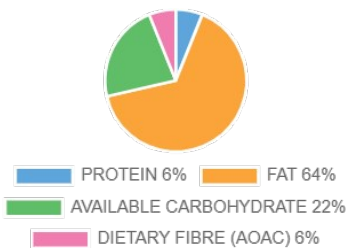
Front of Pack



of an adult's reference intake

Typical values per 100g: 259kJ/63kcal

Energy Contributions



5 A Day

A 200g serving provides...

ONE portion of your 5 A Day

