

# EGGPLANT WITH RED PEPPER BITS

Report date: 3/20/2025

## Nutrition

	per 100g	per 120g
Energy	512kJ/124kcal	615kJ/149kcal
Fat	10g	12g
of which Saturates	1.2g	1.5g
Carbohydrate	4.5g	5.4g
of which Sugars	4.0g	4.8g
Protein	1.8g	2.1g
Salt	0.50g	0.60g

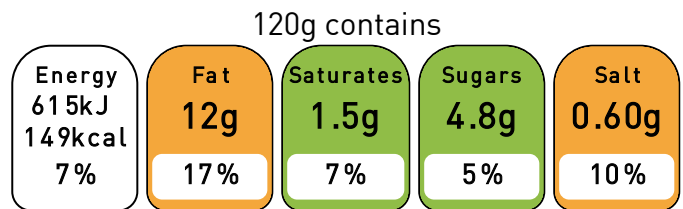
## Ingredient Declaration

Eggplant, Red Peppers, Olive Oil, Sunflower Oil, Garlic, Salt

## Allergens

Suitable for Vegans and Vegetarians

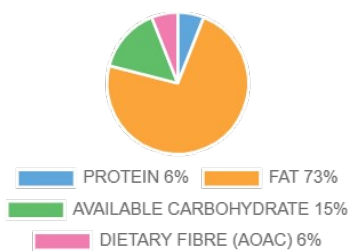
## Front of Pack



of an adult's reference intake

Typical values per 100g: 512kJ/124kcal

## Energy Contributions



## 5 A Day

A 120g serving provides...

ONE portion of your 5 A Day

