

RICE WITH GREEN BEANS

Report date: 2/27/2025

Nutrition

	per 100g	per 200
Energy	558kJ/132kcal	1115kJ/265kcal
Fat	3.9g	7.8g
of which Saturates	0.5g	1.0g
Carbohydrate	21g	42g
of which Sugars	0.7g	1.5g
Protein	2.6g	5.2g
Salt	0.72g	1.4g

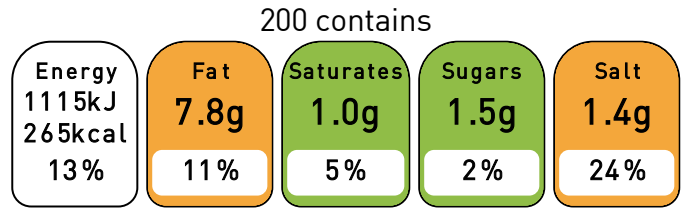
Ingredient Declaration

Rice, Green Beans, Sunflower Oil, Salt, Black Pepper

Allergens

Suitable for vegetarians and vegans

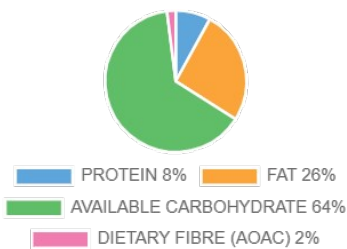
Front of Pack



of an adult's reference intake

Typical values per 100g: 558kJ/132kcal

Energy Contributions



5 A Day

A 200g serving provides...

HALF a portion of your 5 A Day

